



UUCR Caring Program

Do You Need Some Help?

If you know a UUCR member or friend who needs some temporary or emergency support, or if you need help, you are encouraged to contact a UUCR Caring Program Coordinator. They will talk with you confidentially and together you both will decide if and how we might be of help.

Call the church office (410 778-3440) and request a call back from the Caring Program Coordinator or listen for the coordinator name on the taped message. (We have three coordinators who rotate based on their schedules.) You may use your directory to contact the coordinator directly or you may wait for a call back if you left a message on the church voicemail after office hours.

We offer several types of voluntary support services from within our congregation. Our UUCR Pastoral Associate (PA) program offers you a choice of individuals trained to be of assistance in a spiritual counseling role similar to what counseling with a UU minister may provide. Our “Lotsofhelpinghands” (LHH) Caregivers offer more tangible services such as help with meals, rides and miscellaneous tasks.

Sometimes your needs may best be served by other local service providers. We can help you initially identify and access these services using local resource directories. We want to help and will do our best to find a combination that fits your individual situation.

Do You Want To Volunteer To Help?

We would love to have you join our “Lotsofhelpinghands” (LHH) UUCR Caregivers Program. As a part of our group you decide when and how you can help by responding to specific tasks requested and announced to the entire group through email.

To join this group you need to request an email invitation. You will be contacted and given instructions so that you can access the UUCR Caregivers section at the LHH website. UUCR Caregiver tasks usually involve personal or telephone contact between individuals. We intend to involve everyone as effectively and meaningfully as possible while respecting personal limits and requests. The LHH website tool is used to get the task assignments and information distributed accurately so that the human caring can begin.

TO VOLUNTEER and join the Lotsofhelpinghands (LHH) UUCR Caregivers COMPLETE and return to UUCR OFFICE

Your Name: _____ **Date:** _____

E-Mail Address: _____

Mailing Address: _____

Phone: _____ **2nd Phone:** _____

Thanks! Caring for one another enriches everyone involved.